

(2011 – 2012) Bedford Men's Basketball League - Rules / Reg's

- (2) 20 Minute Halves
- (2) 60 Second Time outs per half & (1) per OT
- 3 Minute Overtimes
- Full Court Man to Man & Zone Defense Allowed
- (30) Second Shot clock with 5 Minutes remaining and thru OT.
*Team with the ball has lead and or Tie
- Foul Out Rule: If a team only has 5 players or has had many players fouled out. That last player (5th) that fouls out can stay in the game.
** Each additional foul that player has will result in 2 shots and the ball for the opposing team.

You can do this up to 5 players but they have to be the 5 last players that were remaining. If you had a 6th or 7th player foul out previously they cannot come back in.

- Boxing 3 point shooter out is illegal (Blackie rule) – shooter needs to be able to land.
- I am recommending that the Ref's T up anyone who swears at them whether directly or indirectly after a call. They are not to argue with the player just T them up. This is not new but I witness refs and players jawing too much to a level that it should have been at.
- (2) T's in a game is a DQ
- **15 Minute warm up before a game no matter what time the game starts. Captains have the option of cutting it down if ready**
- (30) Seconds to replace a player who has fouled out.
- (New) 4 players can start a game and play 1st half before game is forfeited. (We have sub list now and will need time to get player to gym)